

# Provinciaal A - kampioenschap Lange afstand

zondag 24 november 2019



Georganiseerd in samenwerking met FIRST  
"Flanders Inter Regio Swim Team"

## Uitslag

Wedstrijd gehouden onder de reglementen van de VZF - KBZB

1 - zondag 24 november 2019

24-11-2019 - 9:30

Programmanr. 1 Heren, 800m vrije slag 11 jaar en ouder  
24-11-2019 - 9:30 Resultaten

PK Limiet lange afstand 11: 12:00.00; 12: 11:45.00; 13: 11:15.00; 14: 11:00.00; 15: 10:30.00; 16: 10:20.00; 17: 10:15.00;  
18: 10:00.00; 19 +: 10:00.00 / loodvisjes 2019 11: 12:00.45; 12: 11:23.22; 13: 10:46.39; 14: 10:03.75; 15: 9:44.79; 16: 9:25.60;  
17: 9:09.88; 18: 9:02.08; 19 +: 8:49.52 / Haai 2019 11: 11:53.00; 12: 10:40.00; 13: 1:07.00; 14: 9:34.50; 15: 9:06.00; 16: 9:03.00;  
17: 8:46.00; 18: 8:45.50; 19 +: 8:29.00

Punten: FINA 2019

Rang	Inschr.	Tijd	Pnt
<b>11 jaar</b>			
1. Eggermont Robbe	RSC/11068/08 11:10.50	<b>11:15.06</b>	283 LV H
100m: 1:18.44 200m: 2:42.84 400m: 5:34.31 800m: 11:15.06			
2. Fransen Thibeau	TSZ/11027/08 11:19.92	<b>11:20.72</b>	276 LV H
100m: 1:20.84 200m: 2:46.16 400m: 5:39.13 800m: 11:20.72			
3. De Smaele Keyon	FIRST/11159/08 12:00.00	<b>11:25.30</b>	270 LV H
100m: 1:19.30 200m: 2:46.37 400m: 5:40.52 800m: 11:25.30			
<b>12 jaar</b>			
1. Van der Bruggen Nathan	RSC/11052/07 10:17.46	<b>10:04.31</b>	395 LV H
100m: 1:09.47 200m: 2:23.81 400m: 4:58.34 800m: 10:04.31			
2. Boodts Gerben	TSZ/11025/07 10:36.27	<b>10:28.40</b>	351 LV H
100m: 1:11.11 200m: 2:28.68 400m: 5:09.18 800m: 10:28.40			
3. Van de Gender Nijs	STW/11120/07 10:48.00	<b>10:53.10</b>	312 LV
100m: 1:16.27 200m: 2:38.56 400m: 5:23.72 800m: 10:53.10			
FF Tuypens Emile	FIRST/11132/07 10:45.00		
<b>13 jaar</b>			
1. Neetens Joannes	AST/11045/06 11:00.00	<b>10:30.61</b>	347 LV
100m: 1:10.80 200m: 2:29.66 400m: 5:10.45 800m: 10:30.61			
2. Cornelis Isaac	RSC/11051/06 11:35.76	<b>11:12.59</b>	286
100m: 1:18.98 200m: 2:43.70 400m: 5:34.37 800m: 11:12.59			
FF Verbist Benjamin	STW/11144/06 10:07.53		
<b>14 jaar</b>			
1. Herman Aidan	FIRST/11051/05 10:39.94	<b>9:24.59</b>	484 LV H
100m: 1:07.10 200m: 2:19.71 400m: 4:43.21 800m: 9:24.59			
2. De Grauwe Arne	STW/11147/05 9:34.89	<b>9:24.71</b>	484 LV H
100m: 1:06.41 200m: 2:17.91 400m: 4:41.74 800m: 9:24.71			
3. Van der Haeghen Siebe	FIRST/11076/05 10:56.98	<b>10:04.27</b>	395
100m: 1:08.92 200m: 2:25.04 400m: 4:58.38 800m: 10:04.27			
4. Stuer Eben	GBZ/11047/05 11:11.00	<b>10:21.93</b>	362
100m: 1:14.24 200m: 2:32.74 400m: 5:14.71 800m: 10:21.93			
5. Van Hoorebeke Noah	FIRST/11070/05 10:50.00	<b>10:27.97</b>	352
100m: 1:16.50 200m: 2:36.47 400m: 5:16.22 800m: 10:27.97			
6. De Waegeneer Brent	AST/11026/05 10:59.99	<b>10:38.25</b>	335
100m: 1:13.55 200m: 2:34.19 400m: 5:16.16 800m: 10:38.25			

Programmanr. 1, Heren, 800m vrije slag

15 en 16 jaar

1. Weyts Milan	STW/11010/04	9:16.85	<b>8:55.08</b>	569	LV H
100m: 1:03.23	200m: 2:10.87	400m: 4:26.73	800m: 8:55.08		
2. Penneman Arne	GBZ/11029/04	9:52.73	<b>9:24.17</b>	485	LV
100m: 1:07.21	200m: 2:19.02	400m: 4:43.36	800m: 9:24.17		
3. Verbist Stijn	STW/11060/04	9:33.68	<b>9:26.90</b>	478	LV
100m: 1:06.78	200m: 2:18.56	400m: 4:42.75	800m: 9:26.90		
4. Sapijn Kobe	FIRST/11007/04	10:30.00	<b>10:03.46</b>	396	
200m: 2:24.18	400m: 5:00.22	800m: 10:03.46			

17 en 18 jaar

1. Van Synghel Noah	FIRST/11108/02	8:55.72	<b>8:59.83</b>	554	LV
100m: 1:02.33	200m: 2:09.86	400m: 4:25.36	800m: 8:59.83		
2. Jonckheere Yori	RSC/11035/02	9:30.50	<b>9:16.27</b>	506	
100m: 1:03.38	200m: 2:13.23	400m: 4:35.34	800m: 9:16.27		

19 jaar en ouder

1. Vandorpe Aaron	RSC/21041/00	9:25.50	<b>9:15.86</b>	507	
100m: 1:02.31	200m: 2:12.04	400m: 4:34.40	800m: 9:15.86		
2. Van Walle Jonas	STW/11058/00	9:28.72	<b>9:16.81</b>	505	
100m: 1:04.40	200m: 2:13.30	400m: 4:34.84	800m: 9:16.81		
FF Haegeman Jonas	AST/10133/99	9:30.00			

Programmanr. 2  
24-11-2019 - 10:30

Dames, 1500m vrije slag

11 jaar en ouder  
Resultaten

PK Limiet lange afstand 11: 24:00.00; 12: 23:30.00; 13: 22:30.00; 14: 22:15.00; 15: 21:00.00; 16: 20:45.00; 17: 20:45.00; 18: 20:45.00; 19 +: 20:45.00 / loodvisjes 2019 11: 23:45.64; 12: 22:11.84; 13: 20:51.35; 14: 19:58.87; 15: 19:06.69; 16: 18:41.29; 17: 18:37.76; 18: 18:28.80; 19 +: 18:13.55 / Haai 2019 13: 19:41.00; 14: 19:17.50; 15: 18:30.00; 16: 18:27.00; 17: 18:26.50; 18: 18:26.00; 19 +: 18:25.50

Punten: FINA 2019

Rang	Inschr.	Tijd	Pnt	
<b>11 jaar</b>				
1. Michiels Nore	TSZ/21028/08	20:15.00	<b>20:17.54</b>	431 LV
100m: 1:15.14	200m: 2:35.06	400m: 5:18.38	800m: 10:46.64	1500m: 20:17.54
2. Van Gysel Maite	TSZ/21040/08	20:15.01	<b>20:42.74</b>	405 LV
100m: 1:14.13	200m: 2:34.90	400m: 5:18.61	800m: 10:51.41	1500m: 20:42.74
<b>12 jaar</b>				
1. Van Daele Lore	RSC/21069/07	22:45.50	<b>21:34.83</b>	358 LV
100m: 1:21.43	200m: 2:46.76	400m: 5:40.19	800m: 11:29.18	1500m: 21:34.83
<b>13 jaar</b>				
1. Vandepoorte Pauline	RSC/21025/06	20:02.50	<b>18:58.34</b>	527 LV H
100m: 1:09.78	200m: 2:24.95	400m: 4:56.42	800m: 10:04.33	1500m: 18:58.34
2. Verhulst Lotte	STW/21123/06	19:30.00	<b>19:49.20</b>	462 LV
100m: 1:13.36	200m: 2:30.95	400m: 5:08.44	800m: 10:27.51	1500m: 19:49.20

Programmanr. 2, Dames, 1500m vrije slag

14 jaar

1.	Goovaerts Ellen	STW/21165/05	19:15.00	<b>19:00.19</b>	524	LV H
	100m: 1:09.31	200m: 2:23.74	400m: 4:54.56	800m: 9:59.07	1500m: 19:00.19	
2.	Van Imschoot Emma	FIRST/21084/05	22:20.73	<b>19:57.00</b>	453	LV
	100m: 1:15.07	200m: 2:35.50	400m: 5:15.90	800m: 10:40.18	1500m: 19:57.00	
3.	Van De Putte Laute	AST/21023/05	20:15.00	<b>20:33.87</b>	414	
	100m: 1:16.33	200m: 2:36.87	400m: 5:18.77	800m: 10:43.97	1500m: 20:33.87	
4.	Verhoeve Janne	FIRST/21098/05	21:59.36	<b>21:00.30</b>	388	
	100m: 1:18.10	200m: 2:40.23	400m: 5:27.78	800m: 11:07.61	1500m: 21:00.30	

15 en 16 jaar

1.	Keppens Mare	AST/21039/04	19:45.00	<b>19:04.31</b>	519	LV
	100m: 1:09.67	200m: 2:24.42	400m: 4:55.53	800m: 10:02.81	1500m: 19:04.31	
2.	Crabbe Lore	AST/21036/04	20:15.00	<b>19:45.16</b>	467	
	100m: 1:12.84	200m: 2:31.34	400m: 5:09.02	800m: 10:26.26	1500m: 19:45.16	
3.	Verdonck Kara	FIRST/21066/04	19:40.14	<b>19:55.46</b>	455	
	100m: 1:11.64	200m: 2:31.31	400m: 5:11.61	800m: 10:33.28	1500m: 19:55.46	
4.	Van Varenberg Merel	FIRST/20659/03	22:24.74	<b>19:56.75</b>	453	
	100m: 1:14.79	200m: 2:34.84	400m: 5:15.43	800m: 10:40.59	1500m: 19:56.75	
5.	Steen Luca	MEGA/21100/04	22:46.00	<b>20:14.29</b>	434	
	100m: 1:13.53	200m: 2:33.05	400m: 5:14.17	800m: 10:41.45	1500m: 20:14.29	
6.	Persoons Jana	RSC/21054/04	20:55.50	<b>20:52.34</b>	396	
	100m: 1:14.98	200m: 2:36.77	400m: 4:22.62	800m: 11:00.84	1500m: 20:52.34	
7.	Van Doorselaer Judit	FIRST/21047/04	20:52.49	<b>21:42.02</b>	352	*
	100m: 1:18.92	200m: 2:43.85	400m: 5:36.26	800m: 11:24.77	1500m: 21:42.02	

17 en 18 jaar

1.	De Carne Lara	FIRST/20644/02	19:14.92	<b>18:15.11</b>	592	LV H
	100m: 1:08.20	200m: 2:20.22	400m: 4:44.62	800m: 9:40.74	1500m: 18:15.11	
2.	Vanden Noortgate Iona	AST/21034/02	20:45.00	<b>19:49.84</b>	461	
	100m: 1:11.47	200m: 2:27.74	400m: 5:06.80	800m: 10:30.40	1500m: 19:49.84	
FF	Van Avermaet Merel	TSZ/20219/01	19:00.00			
FF	Van Mingeroet Silken	FIRST/21111/02	20:19.06			

19 jaar en ouder

1.	Haegeman Karen	AST/20132/97	19:45.00	<b>18:57.42</b>	528	
	100m: 1:08.70	200m: 2:23.13	400m: 4:53.72	800m: 10:01.51	1500m: 18:57.42	
2.	Van Roeyen Clara	GBZ/20082/90	20:44.20	<b>19:51.90</b>	459	
	100m: 1:12.74	200m: 2:31.79	400m: 5:12.57	800m: 10:32.71	1500m: 19:51.90	